

National Children's Mental Health Awareness Day 2010  
Rhode Island Pledge Form

Each year, the creativity and enthusiasm of communities across the country serve to increase understanding of the mental health and social/emotional needs of children and their families through the communities' participation in Awareness Day.

Please complete and return this pledge form at your earliest convenience so that the Rhode Island Positive Educational Partnership (RIPEP) can be prepared to promote your efforts and provide technical assistance. While we appreciate knowing as much detail as possible about your planned events and activities, it is also very helpful for us to learn about the types of activities you might consider, so that we may be of assistance to you in your planning process.

The goals of Awareness Day are:

- 1) to raise awareness of effective programs for children's mental health needs;
- 2) to demonstrate how children's mental health initiatives promote positive youth development, recovery, and resilience;
- 3) to integrate mental health into every environment that impacts child development from birth; and
- 4) to discuss milestones of a child's social and emotional development from birth.

**Contact Information**

Name of Organization:

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Name of Key Contact:

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Mailing Address:

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E-mail: \_\_\_\_\_ Phone: \_\_\_\_\_

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**Affiliations: Please check all that apply below.**

Region:     Urban         Northern         West Bay         East Bay

Birth to Three         Early Care Setting         Elementary School

Behavioral Health         Advocacy         Community

**Our community is interested in conducting and/or participating in the following Awareness Day activities and/or events:**

**Participate in Awareness Action--“Promoting Positive Mental Health”** On May 6 we will conduct an event or share information to promote positive mental health and the importance of social, emotional health and well-being for all children, youth and their families. Please visit [www.ripep.org](http://www.ripep.org) for creative ideas and resource information.

**Participate in the Art Action—“My Feelings Are a Work of Art”**  
On May 6 we will hold a child-centered art activity where children ages 3 to 8 are encouraged to create artwork about having and expressing feelings. Parents, teachers, and other caring adults will use this art activity as an opportunity to have conversations with children about emotions and healthy ways of sharing those emotions with others. Please see tip sheet for artwork ideas.

**Participate in the Youth Action—“When I Grow Up”**  
On May 6 we will hold child-centered activity to create signs that feature the saying “When I Grow Up...” with room to write or draw what they want to be when they grow up. The back of the signs will include facts and statistics about youth with behavioral and emotional challenges who have overcome them and achieved success in their lives, along with facts about youth that do not receive the support they need. I understand that we will receive a set of 24X 36 color posters and 8 X 11 color individual copies.

Please use the following space to share your plans or ideas for your awareness activity:

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*Please complete and return this as soon as possible to:*

Rhode Island Positive Educational Partnership • Attn: Lisa Conlan  
C/O Parent Support Network of Rhode Island  
1395 Atwood Avenue, Suite 114  
Johnston, RI 02919  
Phone: (401) 467-6855/800-483-8844 • Fax: (401) 467-6903  
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